

FOODHALL

NOVEMBER 2022

THE LINCOLN ACADEMY
HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 Hamburger Bun* Corn Sliced Tomato	02 Bean & Cheese Burrito* Broccoli Fresh Tomato	03 BBQ Pork Bun* Baked Beans Celery Sticks	04 Macaroni & Cheese Celery Sticks Green Beans Roll*
07 BBQ Chicken Bun* Sweet Corn Tater Tots	08 Beefy Nachos* Refried Beans Salsa Diced Tomato	09 Baja Chicken Over Brown Rice* Pea Pods Baby Carrots	10 Spaghetti* Meatballs Broccoli Garden Salad	11 NO SCHOOL
14 BBQ Pork Bun* Tater Tots Carrots	15 Chicken Thigh Teriyaki Brown Rice* Vegetables Blend Broccoli Florets	16 Cuban Sandwich* Garden Salad Cucumber Slices	17 Walking Tacos Tortilla Chips* Diced Tomato Corn Salsa	18 Country Chicken Bowl Dinner Roll* Roasted Cauliflower Baby Carrots
21 Cheesy Baked Zita* Peas & Carrots Celery Sticks	22 Sliced Turkey Mashed Potatoes Gravy Green Beans Dinner Roll*	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 BBQ Chicken Thigh Brown Rice* Mixed Vegetables Dinner Roll*	29 Meatball Sub Bun* Fries Broccoli	30 Loaded Tater Tots Cheese Sauce & Taco Meat Diced Tomato Baby Carrots		
Choice of Milk Offered Daily NF Chocolate 1% Skim	GRILL Daily Offerings Hamburger Cheeseburger Chicken Patty Daily Special		Daily Nutrition Bar Assorted Fruits, Fresh & Canned Fresh Vegetables Assorted Dressings & Seasonings	Pizza* Offered Daily Pepperoni Or Cheese
	<i>Menu Key: FP = Fresh Pick • WG = Whole Grain</i>			Fresh Picks