



# June 2022

## BREAKFAST MENU THE LINCOLN ACADEMY

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**31**  
**Cereal Bar -1 ea**  
**Yogurt- 1ea**  
 -- Hot Choice --  
**Chocolate Croissant**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**1**  
**WG Donut 1ea**  
 -- Hot Choice --  
**Breakfast Pizza**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**2**  
**Assorted Whole Grain Muffin 1ea**  
**String Cheese-1ea**  
 -- Hot Choice --  
**Oatmeal**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**3**  
**Frudel 1ea**  
 -- Hot Choice --  
**Pancake on Sticks**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**6**  
**Cinni Mini Cinnamon Roll 1ea**  
 -- Hot Choice --  
**Chocolate Croissant**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**7**  
**Benefit-1ea**  
 -- Hot Choice --  
**Mini Waffles**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**8**  
**Poptart-1ea**  
**Cheese stick-1ea**  
 -- Hot Choice --  
**Breakfast Pizza**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**9**  
**Breakfast Bento Box-1ea**  
 -- Hot Choice --  
**Pancake on Sticks**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

**10**  
**Assorted Whole Grain Muffin 1ea**  
**String Cheese-1ea**  
 -- Hot Choice --  
**Assortment**  
 ½ c Fruit choice  
 ½ c Juice Choice  
 1 c Milk

# SUMMER BREAK

Find Meals for Kids When Schools are Closed <https://www.fns.usda.gov/meals4kids>

Items include in the Bento Box:  
 WG Bagel, Cream Cheese, Cheese Stick, Apple Slices

**Kids who eat breakfast may have more energy.**



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